

DRAW YOURSELF AS A SUPERHERO!



BIG HUG has a way of helping kids feel safe and protected. When **Star Power** brought out his inner power, he got force field hands!

My name:

A way I am kind and caring:

My superhero name is

and my powers are...

How do you show other people you care? That's one of your super powers!



**STAR
POWER
AND
FRIENDS**

MINNESOTA
ASSOCIATION FOR
children's
mental
health

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