



DRAW YOURSELF AS A SUPERHERO!

SUNSHINE

thought all her extra energy was nothing but trouble, but her extra energy ended up saving the day!

My name:
A bright side of who I am:

My superhero name is

and my powers are...

The way you think about yourself makes a difference. Let's look at the bright side and bring out your inner power!

STAR
POWER
AND
FRIENDS

MINNESOTA
ASSOCIATION FOR
children's
mental
health



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